

# FEBRUARY GROUP FITNESS SCHEDULE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1 <a href="#">Step Interval 6-7pm</a>	2 <a href="#">Strength &amp; Tone 6-7pm</a>	3	4
5	6 <a href="#">Cardio Fit 6-7pm</a>	7 <a href="#">Yoga 6-7pm</a>	8 <a href="#">Step Interval 6-7pm</a>	9 <a href="#">Strength &amp; Tone 6-7pm</a>	10	11
12	13 <a href="#">Cardio Fit 6-7pm</a>	14 <a href="#">Yoga 6-7pm</a>	15 <a href="#">Step Interval 6-7pm</a>	16 <a href="#">Strength &amp; Tone 6-7pm</a>	17	18
19	20 <a href="#">Cardio Fit 6-7pm</a>	21 <a href="#">Yoga 6-7pm</a>	22 <a href="#">Step Interval 6-7pm</a>	23 <a href="#">Strength &amp; Tone 6-7pm</a>	24	25
26	27 <a href="#">Cardio Fit 6-7pm</a>	28 <a href="#">Yoga 6-7pm</a>				